


Career Discovery Questions

Questions to ask yourself when you're considering a job change or when you're feeling stuck or bored in your current job.

What are my strengths, what do I do well, what do people ask me for advice about, what unique perspectives and life experiences do I have?

What am I passionate about, what makes time fly by, what brings me joy, what impact do I want to have, what makes me curious?


What are my personal values, what matters most to me, how do I want to spend my time, what do I believe in?



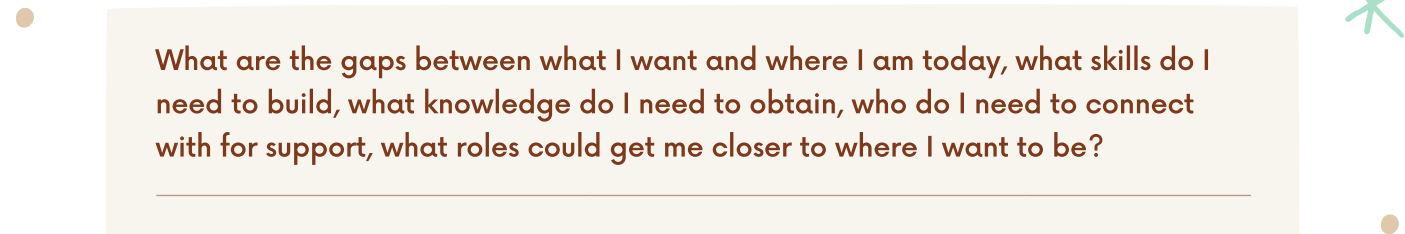
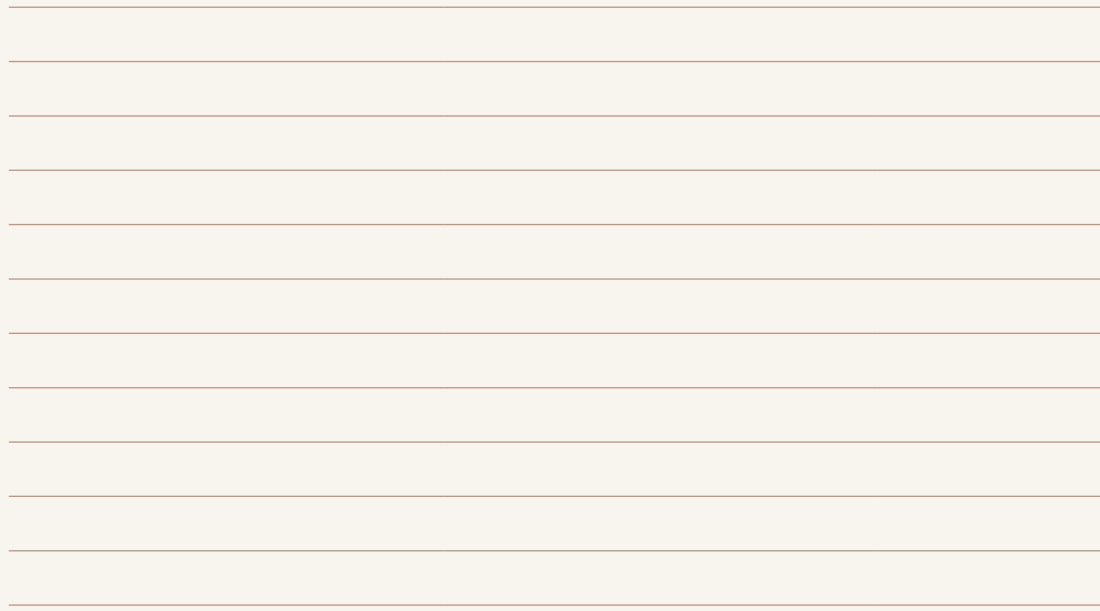

What are the things I am looking for in my ideal: job, company, colleagues, immediate supervisor, leadership team?

What have I experienced at my current or past jobs that I want to avoid at my next employer?

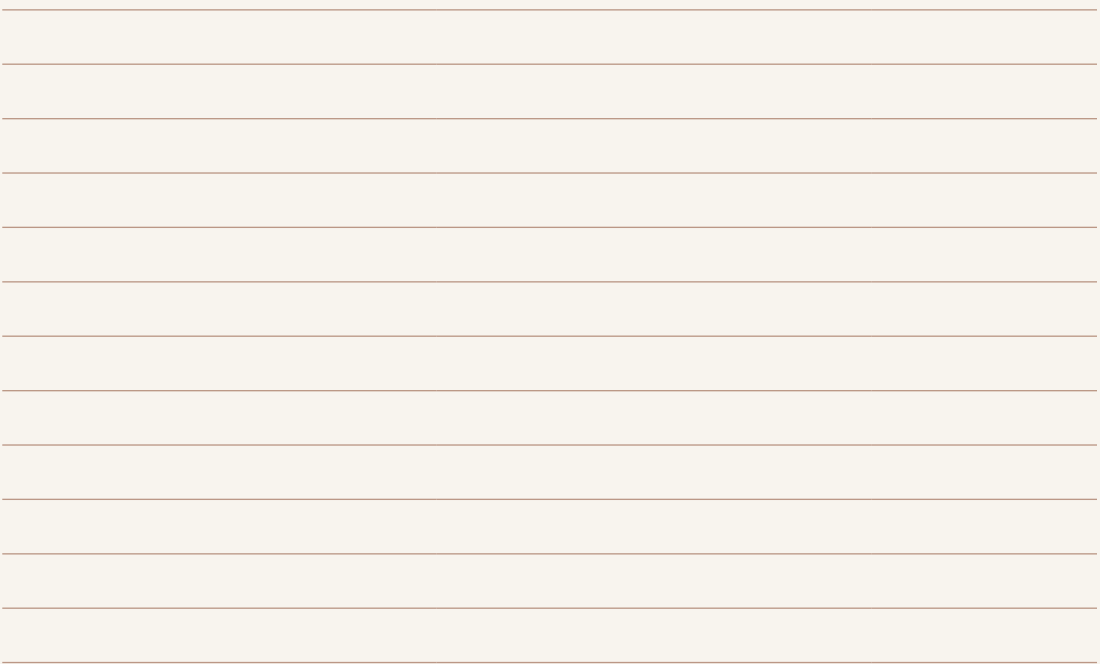

What are my least favorite tasks or responsibilities in my current job?



What is my dream, where do I want to end up, what do I want to be/do, what titles are worth considering, what salary do I hope to make, what benefits or perks am I looking for, what does success look and feel like for me?



What are the gaps between what I want and where I am today, what skills do I need to build, what knowledge do I need to obtain, who do I need to connect with for support, what roles could get me closer to where I want to be?





Make It Happen

Your career is a journey and doesn't have to be fully defined from the start. It's ok to change jobs, industries, and careers. It's ok to define success in a way that doesn't fit what society tells you it should. Take the time to review your answers and really understand how your responses fit into your current situation and where you'd like to be. Consider working through this review regularly to assess if you're on track or if it's time for change.

LOOK FOR THEMES

Think back in your life, did these themes always exist? Are there things that elicit strong positive or negative reactions? Don't ignore your gut feelings.

GET TO THE ROOTS

What is driving you to explore? Why do you feel the need to change? Understand your motivations so you can make informed decisions.

ASSESS YOUR OPTIONS

Can you get what you're looking for within your current role/org? Are there opportunities to shift your work to better align with your goals and dreams?

INFORMATIONAL INTERVIEWS

Talk to someone who does what you're considering or works where you want to. Dig deep into the reality of a new job/org so you can understand your options.

SUPPORT NETWORK

Don't feel you have to go it alone. Cultivate a close network of people who's feedback you value. Deepen your existing connections or build new ones if you need to.

DON'T WAIT FOREVER

Don't get lost in the how or when. Start learning, network, and do the things that align with your goals. It's better to take small steps than miss opportunities.